



Benedict's Cathedral Adventure

 Duration:: 75 minutes

 Format: Small Group

Trail

 Groupings: NA

 Key Stage / Age: Yr R and Yr I



Learning Objectives

- To explore and identify why the Cathedral is a special place for Christians,
- To describe and express feelings in response to different spaces within the Cathedral

Using our EYFS-designed explorer backpacks, children will journey through the Cathedral with Benedict the Monk Bear, discovering why this is a special place for Christians. Along the way, they will explore different spaces and reflect on how each area makes them feel—quiet, peaceful, exciting, or awe-inspiring. Each backpack is filled with fun, hands-on items to spark curiosity and imagination. Children can use binoculars to spot fascinating features high up in the building, experiment with coloured lenses to see the Cathedral in new and creative ways, and use a variety of tactile and sensory objects to enhance their exploration. Benedict travels with them, helping to guide their discoveries and encourage conversation.

- Understanding the World: Learn about special places and why they are important to different people
- Communication and Language: Talk about what they see, hear, and feel
- Personal, Social and Emotional Development: Share and express their feelings and responses

Creation – Songs, Stories and Exploration



 Duration:: 90 minutes

 Format: Small Group

Carousel

 Groupings: 3

 Key Stage / Age: Yr R and Yr I



Learning Objectives

- To listen to and begin to retell the Christian Creation story
- To explore and talk about the natural world

Through a joyful mix of storytelling, music, exploration, and craft, children are introduced to the Christian Creation story from the book of Genesis. Pupils will hear and help retell the story, sing and respond to music used in worship, and explore the Cathedral and its grounds on a sensory nature walk.

Hands-on activities, including creating their own “Creation” craft, encourage children to reflect on the natural world and what Christians believe about God as creator.

- Understanding the World: Explore the natural world and learn about different beliefs
- Expressive Arts and Design: Take part in music, imaginative play, and craft activities
- Communication and Language: Listen to stories and share ideas through talk

Follow the Star: A Christmas Adventure



 Duration:: 90 minutes

 Format: Small Group

Carousel

 Groupings: 3

 Key Stage / Age: Yr R and Yr I



Learning Objectives

- To listen to and begin to retell the Christmas story
- To respond to music through movement and rhythm
- To explore and talk about Christmas as a special celebration

Children experience the Christmas story through three engaging, hands-on activities, each designed to spark imagination and bring the nativity to life:

Music and Movement

Children respond to festive music using ribbons and percussion, exploring rhythm, movement, and expression through dance.

Follow the Star Story Journey

Guided by a shining star, children travel through the Cathedral to meet costumed characters and discover the story of the birth of Jesus in an interactive and memorable way.

Creative Advent Craft

Children make their own Advent wreath while learning how Christians prepare for and celebrate Christmas.

Understanding the World: Learn about Christmas as a special celebration and explore different beliefs

Expressive Arts and Design: Take part in music, movement, role play, and creative activities

Communication and Language: Listen to stories and instructions, and share ideas through talk

