



Benedict's Cathedral Adventure

 Duration:: 75 minutes

 Format: Small Group

Trail

 Groupings: NA

 Key Stage / Age: Yr R and Yr I



Learning Objectives

- To explore and identify why the Cathedral is a special place for Christians,
- To describe and express feelings in response to different spaces within the Cathedral

Using our EYFS-designed explorer backpacks, children will journey through the Cathedral with Benedict the Monk Bear, discovering why this is a special place for Christians. Along the way, they will explore different spaces and reflect on how each area makes them feel—quiet, peaceful, exciting, or awe-inspiring. Each backpack is filled with fun, hands-on items to spark curiosity and imagination. Children can use binoculars to spot fascinating features high up in the building, experiment with coloured lenses to see the Cathedral in new and creative ways, and use a variety of tactile and sensory objects to enhance their exploration. Benedict travels with them, helping to guide their discoveries and encourage conversation.

- Understanding the World: Learn about special places and why they are important to different people
- Communication and Language: Talk about what they see, hear, and feel
- Personal, Social and Emotional Development: Share and express their feelings and responses

Creation – Songs, Stories and Exploration



 Duration:: 90 minutes

 Format: Small Group

Carousel

 Groupings: 3

 Key Stage / Age: Yr R and Yr I



Learning Objectives

- To listen to and begin to retell the Christian Creation story
- To explore and talk about the natural world

Through a joyful mix of storytelling, music, exploration, and craft, children are introduced to the Christian Creation story from the book of Genesis. Pupils will hear and help retell the story, sing and respond to music used in worship, and explore the Cathedral and its grounds on a sensory nature walk.

Hands-on activities, including creating their own “Creation” craft, encourage children to reflect on the natural world and what Christians believe about God as creator.

- Understanding the World: Explore the natural world and learn about different beliefs
- Expressive Arts and Design: Take part in music, imaginative play, and craft activities
- Communication and Language: Listen to stories and share ideas through talk

Follow the Star: A Christmas Adventure



 Duration:: 90 minutes

 Format: Small Group

Carousel

 Groupings: 3

 Key Stage / Age: Yr R and Yr 1



Learning Objectives

- To listen to and begin to retell the Christmas story
- To respond to music through movement and rhythm
- To explore and talk about Christmas as a special celebration

Children experience the Christmas story through three engaging, hands-on activities, each designed to spark imagination and bring the nativity to life:

Music and Movement

Children respond to festive music using ribbons and percussion, exploring rhythm, movement, and expression through dance.

Follow the Star Story Journey

Guided by a shining star, children travel through the Cathedral to meet costumed characters and discover the story of the birth of Jesus in an interactive and memorable way.

Creative Advent Craft

Children make their own Advent wreath while learning how Christians prepare for and celebrate Christmas.

Understanding the World: Learn about Christmas as a special celebration and explore different beliefs

Expressive Arts and Design: Take part in music, movement, role play, and creative activities

Communication and Language: Listen to stories and instructions, and share ideas through talk



Cathedral Detectives: Discover, Explore, Reflect



 Duration: 90 minutes

 Format: Small Group

Carousel

 Groupings: 3

 Key Stage: 1

Learning Objectives

- Identify what makes a cathedral special.
- Understand key Christian practices (baptism and communion).
- Reflect on why places are special to people.



Become a Cathedral Detective and uncover the meaning behind this remarkable place of Christian worship. Through a series of interactive activities, children explore the Cathedral's key spaces, symbols, and traditions, discovering why it is special to Christians.

Working in small groups, pupils take part in a carousel of hands-on experiences. They explore important Christian practices such as baptism at the font and Holy Communion at the altar, helping them understand how Christians welcome, remember, and celebrate. Along the way, children handle objects, act out key moments, and reflect on what these symbols represent.

Children will also experience how worship comes to life in the Cathedral—listening to the powerful sounds of the organ, choir, and bells, joining in with singing and rhythm, and encountering the distinctive scent of incense used in services. Visual exploration continues through stained glass windows, vestments, and symbolic objects, encouraging children to interpret meaning through colour and imagery.

The session concludes with a quiet moment of reflection, helping pupils consider themes of light, remembrance, and what makes a place special.

RE: Identifying what makes a place special and understanding key Christian practices (baptism, worship, symbols)

English: Developing speaking, listening, and vocabulary through discussion and storytelling

SMSC: Encouraging reflection, empathy, and respect for different beliefs and experiences



The Easter Story Experience: Exploring Belief, Story and Meaning



 Duration:: 90-120 minutes

 Format: Small Group

Carousel

 Groupings: 5

 Key Stage: 1

Can be extended to a full day

Learning Objectives

- Recall key events of the Easter story.
- Understand why Easter is important to Christians.
- Reflect on themes such as hope, friendship, and new beginnings.

Explore the Easter story through an engaging, interactive journey across the Cathedral.

Working in small groups, children move through a series of immersive stations, each focusing on a key moment—from Palm Sunday to the Resurrection.

At each stage, pupils encounter the story through storytelling, discussion, and hands-on activities. They explore universal themes such as hope, leadership, friendship, challenge, sadness, and new beginnings, helping them make meaningful connections between the story and their own lives.

Children are encouraged to reflect, ask questions, and respond creatively—considering ideas such as helping others, remembering important people, and thinking about how individuals and communities face difficult times. The experience builds understanding of why the Easter story is significant to Christians, while remaining accessible and relevant to pupils from all backgrounds.

Religious Education (KSI): Learn about the Easter story and recognise why it is important to Christians as a key religious event.

English (KSI): Develop speaking and listening skills by participating in discussions, asking questions, and responding to stories.

PSHE / SMSC (KSI): Explore and discuss feelings, empathy, and values, reflecting on personal experiences and those of others.

The Christmas Story Experience:

Exploring Celebration, Story and Meaning



 Duration: 90-120 minutes

 Format: Small Group

Carousel

 Groupings: 5

 Key Stage: 1

Can be extended to a full day

Learning Objectives

- Recall key events of the Christmas story.
- Understand why Christmas is important to Christians.
- Reflect on themes such as giving, kindness, and peace.

Discover the Christmas story through an engaging, interactive journey around the Cathedral. Working in small groups, children take part in a carousel of immersive activities, each exploring a key moment in the narrative—from preparation during Advent to the birth of Jesus.

At each station, pupils encounter the story through storytelling, discussion, and creative response. They explore big ideas such as preparation, courage, giving, journey, and peace, making connections between the story and their own experiences. Children are encouraged to reflect on questions such as how we prepare for important events, what it means to be brave, and how we can show kindness and care to others.

Through hands-on activities—such as responding to the idea of “preparing your heart,” considering meaningful gifts, and sharing messages of peace—pupils develop a deeper understanding of why Christmas is significant to Christians, while engaging in themes that are relevant to all learners.

The session concludes with a shared reflection, bringing together the key elements of the story and reinforcing its message of celebration, generosity, and peace.

Religious Education (KSI): Learn about the Christmas story and recognise its importance to Christians as the celebration of the birth of Jesus.

English (KSI): Develop speaking and listening skills by listening to stories, asking questions, and participating in discussions.

PSHE / SMSC (KSI): Explore and discuss values such as kindness, generosity, and empathy, reflecting on their own experiences and those of others.

Our City, Our Cathedral: Explore, Build, Discover



 Duration: 90-120 minutes

 Format: Small Group

Carousel

 Groupings: 3

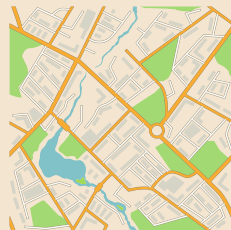
 Key Stage: 1

Learning Objectives

- Identify key features of Peterborough and its Cathedral.
- Understand why the Cathedral is important to the city's history.
- Explore and build a simple model of the city to understand place and space

Discover Peterborough through its iconic Cathedral in this engaging, hands-on experience. Beginning beneath the Cathedral tower, children are introduced to this remarkable 900-year-old building and learn how it gave the city its name, linked to Saint Peter and his symbolic keys.

Working in small groups, pupils rotate through a carousel of activities. In Map and Build, they explore maps and aerial images to identify key features such as the river, transport links, and important landmarks, then collaborate to build their own model of the city. In Shape and Design, they investigate patterns, shapes, and colours inspired by the Cathedral's striking architecture and stained glass, creating their own artwork. In Become a Tour Guide, children explore key features of the Cathedral, learn about the people connected to it, complete a guided trail, and build confidence by sharing their knowledge.



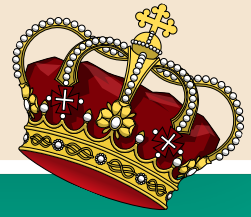
Geography (KSI): Use simple maps and aerial images to identify human and physical features of Peterborough.

History (KSI): Learn about a significant local building and understand how it has shaped the city over time.

Art & Design (KSI): Use shape, colour, and pattern to create artwork inspired by the Cathedral.



Kings, Queens and Cathedral History



Duration:: Whole Day



Format: Small Group

Carousel



Groupings: 3



Key Stage: 1

Can be shortened to a half
day

Learning Objectives

- Identify important historical figures linked to the Cathedral.
- Understand key events from the past and how they affected people.
- Explore ideas about power, fairness, and leadership.

Step into the drama of the past and meet the powerful (and sometimes troublesome!) monarchs connected to Peterborough Cathedral. Through lively storytelling, role-play, and hands-on activities, children explore the lives of figures such as Henry VIII, Katharine of Aragon, and Mary Queen of Scots.

Pupils will investigate real historical events, see artefacts, write with quill and ink, and even piece together clues to solve mysteries from the past. Along the way, they'll ask big questions about power, fairness, and what makes a good ruler.

Set in the historic surroundings of the Cathedral, this session brings history vividly to life—linking national stories to a place children can explore for themselves.

History: Significant individuals and events beyond living memory

Historical Enquiry: Asking questions and using evidence

English: Speaking, listening, and discussion

SMSC: Exploring leadership, fairness, and responsibility

Stained Glass Stories



 Duration: 90 minutes

 Format: Whole Class
workshop

 Groupings: NA

 Key Stage: 1

Can be added to another
activity to make a full day

Learning Objectives

- To explore how stories can be told through stained glass using colour, shape, and images.
- To identify symbols and figures in stained glass windows and explain what they might represent.
- To design and create a stained glass-style artwork to communicate an idea or story.

Discover how stories were told before books were widely read, through the vivid colours and striking designs of stained glass. In this creative and investigative session, children explore the Cathedral's windows to uncover how art was used to share important stories and ideas. Guided through different parts of the Cathedral, pupils learn how artists use colour, shape, and light to bring stories to life. They identify key figures, symbols, and details within the glass, developing their observation skills while exploring how meaning is communicated visually. Children then apply their learning by designing and creating their own stained glass-style window, using colour and pattern to represent a chosen idea or symbol. This hands-on activity encourages creativity while reinforcing their understanding of how art can tell stories.

Art & Design: Using colour, pattern, and shape creatively

RE: Exploring how beliefs and stories are expressed through art

History: Understanding how people communicated before widespread literacy

English: Developing speaking, listening, and descriptive skills

Symbols in Clay: Art and Meaning



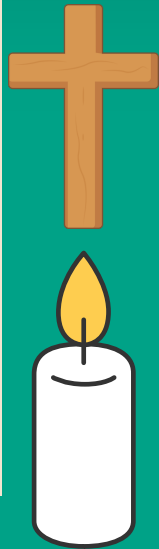
 Duration:: 90 minutes

 Format: Whole Class
workshop

 Groupings: NA

 Key Stage: I

Can be added to another
activity to make a full day



Learning Objectives

- To identify key Christian symbols and understand what they represent.
- To explore how meaning can be shown through shape, pattern, and texture.
- To design and create a clay tile inspired by Christian symbols.

Discover the meaning behind Christian symbols and bring them to life through creativity. Children explore the Cathedral to find important symbols and learn what they represent in Christian belief and worship. They then create their own decorated clay tile, using shape, pattern, and texture to express their understanding and take home a lasting reminder of their visit.



RE: Recognising symbols and their meanings in Christianity

Art & Design Using materials creatively to develop ideas and make products

SMSC: Reflecting on meaning and personal response